

Akathist to Saint Ephraim

Through the prayers of our Holy Father, Lord Jesus Christ our God have mercy on us and save us. Amen.'

Psalm 142

O Lord, hear my prayer, give ear to my supplications in Your truth; hear me in Your righteousness. Do not enter into judgment, with Your servant, for in Your sight no one living is justified. For the enemy has persecuted my soul; he has crushed my life to the ground; he has made me dwell in darkness, like those who have long been dead, and my spirit is overwhelmed within me; my heart within me is distressed. I remembered the days of old; I meditated on all Your works: I pondered on the work of Your hands. I spread out my hands to You; my soul longs for You, like a thirsty land.

Hear me quickly, O Lord; my spirit fails. Do not turn Your face away from me, lest I be like those who go down into the pit. Cause me to hear Your mercy in the morning, for in You I have put my trust. Cause me to know, O Lord, the way in which I should walk, for I lift up my soul to You. Rescue me, lord, from my enemies; to You have I fled for refuge. Teach me to do Your will, for You are my God. Your good Spirit shall lead me in the land of uprightness. For Your name's sake, O Lord, You shall quicken me. In Your righteousness You shall bring my soul out of trouble, and in Your mercy, You shall utterly destroy my enemies. And you shall destroy all those who afflict my soul; for I am Your servant.

Tone 4

God is the Lord and has revealed Himself to us; blessed is he who comes in the name of the Lord.

Vs. 1. Give thanks to the Lord and call upon His holy name.

God is the Lord and has revealed Himself to us; blessed is he who comes in the name of the Lord.

Vs. 2. All the nations have surrounded me, but in the name of the Lord, I have overcome them.

God is the Lord and has revealed Himself to us; blessed is he who comes in the name of the Lord.

Vs. 3. This has been done by the Lord, and it is wonderful in our eyes.

God is the Lord and has revealed Himself to us; blessed is he who comes in the name of the Lord.

Fourth Tone.

Ever grant deliverance to those who approach your sacred Relics, and who entreat your fervent intercessions, delivering them from temptations and dangers, and all trials and terrible afflictions, O Hieromartyr Saint Ephraim, as a most-fervent healer of the Savior.

Glory to the Father and to the Son and to the Holy Spirit.

The finding of your sacred Relics has filled the hearts of the faithful, and has multiplied gladness for your Monastery, in which we take refuge, crying out to your grace: You are my refuge, and my fervent deliverer, O Venerable Martyr Saint Ephraim, therefore deliver me from terrible circumstances.

Both now and forever and unto the ages of ages. Amen.

O Theotokos, we shall never be silent. Of your mighty acts, all we the unworthy; Had you not stood to intercede for us Who would have delivered

us, From the numerous perils? Who would have preserved us all Until now with our freedom? O Lady, we shall not depart from you; For you always save your servants, From all tribulation.

Psalm 50

Have mercy on me, O God, according to Your great mercy; and according to the multitude of Your compassion blot out my transgression. Wash me thoroughly from my iniquity, and cleanse me from my sin. For I acknowledge my iniquity, and my sin is ever before me. Against You, You only, have I sinned, and done this evil in Your sight, that You may be found just when You speak, and blameless when You judge. For behold, I was conceived in iniquity, and in sin my mother bore me.

For behold, You have loved truth: You have made known to me the secret things of Your wisdom. You shall sprinkle me with hyssop, and I shall be made clean: You shall wash me, and I shall be whiter than snow. Make me to hear joy and gladness, that bones which You have broken may rejoice. Turn Your face away from my sins, and blot out all my iniquities. Create in me a clean heart, O God, and renew a steadfast spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation: And establish me with Your governing Spirit.

I shall teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, my tongue shall rejoice in Your righteousness. O Lord, open my lips, and my mouth shall show forth Your praise. For if You had desired sacrifice, I would give it: You do not delight in burnt offering. A sacrifice to God is a broken spirit, God will not despise a broken and humbled heart.

Do good in Your good pleasure to Sion; and let the walls of Jerusalem be built. Then You shall be pleased with a sacrifice of righteousness, with oblation and whole burnt offerings. Then they shall offer bulls on Your altar.

Ode I. Crossing the waters.

O Holy Saint of God, intercede for us all.

Like a lily of springtime, your sacred Relics have appeared from the earth, granting heavenly fragrance, and driving away the stench of the passions, O Ephraim.

O Holy Saint of God, intercede for us all.

From on high you oversee your Monastery, and below you are honored in reverence. Do grant us the blessing of your incorrupt grace, O all-blessed Ephraim.

Glory to the Father and to the Son and to the Holy Spirit.

With the light of your holy intercessions, dissolve the multitudes of my passions, and the night of temptations, O Father, for we have taken refuge in your divine Relics in faith.

Both now and forever and unto the ages of ages. Amen.

Deliver me from every assault of the bodiless enemy through your sacred intercessions, and strengthen me, O only Theotokos, that I might hymn your unspeakable glory.

Ode III. Of the vault of the heavens.

O Holy Saint of God, intercede for us all.

You have shown forth in these latter days like an all-radiant star throughout the revealing of your divine Relics, O Father, which wondrously shine and illumine the hearts of those who entreat your help, O Saint.

O Holy Saint of God, intercede for us all.

Cease the burning of all kinds of afflictions and terrible trials with the dew of your divine intercessions. Therefore we entreat you: quench our pains through the rain of the Divine Spirit, O Saint.

Glory to the Father and to the Son and to the Holy Spirit.

O Father, grant healing for those who speedily hasten to your divine Body, and deliverance from every evil, for you grant grace and mercy to all as one compassionate.

Both now and forever and unto the ages of ages. Amen.

You have appeared as a noetic Throne and a golden dwelling-place for the King of glory and Pantocrator, O Spotless Virgin, therefore, show me to be a house of pure deeds of divine grace.

Deliver those who hasten to your divine protection from every danger and illness and trial, O Great Martyr of the Lord, and godly-minded Ephraim.

Turn to me, in your good favor, all praise-worthy Theotokos; look upon my grave illnesses, which painfully sting my flesh and heal the cause of my soul's pain and suffering.

Tone II. A fervent prayer.

You have lately shown forth as a fervent protector, O Saint, revealing to us your holy Relics, to which we take refuge with fervor along with your intercessions, O Ephraim, blessed by God. Therefore, we cry out to you in faith: intercede with Christ for all of us.

Ode IV. I have hearkened and heard O Lord.

O Holy Saint of God, intercede for us all.

In a multitude of ways, O blessed one, you appear to those who call upon your divine help, and you grant our requests unto salvation, O Venerable Ephraim.

O Holy Saint of God, intercede for us all.

Grant healing from Heaven for those afflicted, and greater joy for those in sorrows, for those who hasten to your protection, O Saint Ephraim.

Glory to the Father and to the Son and to the Holy Spirit.

Preserve your Monastery unharmed from the assaults of the enemy, O Saint Ephraim, for she boasts in your Relics.

Both now and forever and unto the ages of ages. Amen.

From your womb has dawned the Sun of Righteousness, O Pure One, and with your light, illumine my darkened mind.

Ode V. Illumine us.

O Holy Saint of God, intercede for us all.

With the mighty staff of your intercessions, drive away the unseen enemy from us, O Ephraim, for he prowls around us like a lion.

O Holy Saint of God, intercede for us all.

Your struggled well and were lately revealed to us through the shining forth of your Holy Relics, sanctifying our souls, O blessed one.

Glory to the Father and to the Son and to the Holy Spirit.

You have appeared as a great defender of your Monastery, O Saint, that is enriched with your fragrant and holy Relics as with a divine treasure.

Both now and forever and unto the ages of ages. Amen.

O Spotless and Pure Theotokos and Ever-virgin, grant healing to my soul, sick from the passions, making me worthy of your grace.

Ode VI. My entreaty do I pour out.

O Holy Saint of God, intercede for us all.

You have appeared to us as a physician of bodies and souls through the grace of the Spirit in these latter days, O all blessed one, as your divine Relics have been uncovered from the depths of the earth.

O Holy Saint of God, intercede for us all.

You strengthened the members of the paralytic, and showed him forth to be healthy, O Father, having taken refuge in your Holy Relic, and having acquired the fear of the Lord. Therefore, he departed in joy, magnifying your wonderworking power.

Glory to the Father and to the Son and to the Holy Spirit.

You appeared to the Abbess Makaria, revealing to her where you were buried, but you also often appear to those who desire you, O Father, revealing your holy and radiant face. Do fill us with heavenly joy, O Ephraim, glorified by God.

Both now and forever and unto the ages of ages. Amen.

You were seen to be a radiant Vessel of the Most-high, and a luminous Temple, for from your pure blood, O Virgin, He came to earth as a Man, out of His great mercy, and because of this, you are glorified.

Deliver those who hasten to your divine protection from every danger and illness and trial, O Great Martyr of the Lord, and godly-minded Ephraim.

Spotless one, who by a word, did bring to us the Word eternal, in the last days ineffably; do you now plead with him as the one with the motherly favor.

Kontakion in the Second Tone.

Through the revealing of your divine Relics, you were made known to all with radiance, and you ever pour forth healings, and deliver from dangerous circumstances, those who call upon your help, O Ephraim.

Prokeimenon.

Precious in the sight of the Lord is the death of His Holy One. (x2)

Verse: To His Saints that are on the earth, the Lord has been shown wondrous.

Precious in the sight of the Lord is the death of His Holy One.

The Gospel according to St. Matthew (11:27-30)

The Lord said to his disciples, "All things have been delivered to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and any one to whom the Son chooses to reveal him. Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

Glory to the Father and to the Son and to the Holy Spirit.

At the intercessions of the Venerable One, O Lord of mercy, wash away my many personal offenses.

Both now and forever and unto the ages of ages. Amen.

At the intercessions of the Theotokos, O Lord of mercy, wash away my many personal offenses.

Verse: Have mercy on me, O Merciful One, according to Your great mercy, and according to the multitude of Your compassions, blot out my transgressions.

Prosomoion in the Plagal of the Second Tone. Having placed all their hopes in Heaven.

You endured steadfastly the attacks of barbarians, and you shown forth as an invincible Martyr of the King of All, O Saint Ephraim, and you grant greater joy to the faithful through the finding of your Relics, through which you drive out every assault of Belial, and heal afflictions and the traumas of the soul. Therefore, we cry out to you: do not cease to entreat Christ, that we all be granted forgiveness and a peaceful life.

Ode VII. Once from out of Judea.

O Holy Saint of God, intercede for us all.

From Heaven, O godly-minded one, you ever look down upon your divine Monastery, and paradoxically you appear to many people, granting their requests, O Venerable Martyr Ephraim, for those who hymn you.

O Holy Saint of God, intercede for us all.

In a strange manner, you appear asleep and awake, O blessed one, granting joy and gladness, and every other gift, O Saint Ephraim, for those who praise your holy life.

Glory to the Father and to the Son and to the Holy Spirit.

Your holy Monastery is enriched with your divine Relics as a spring of holiness and a holy gift, O Ephraim, and she is sanctified through your grace, and people from all places approach her with faith.

Both now and forever and unto the ages of ages. Amen.

Through the uncreated sowing of your sacred intercessions, O you who are graced by God, make to sprout for me soul the fruits of repentance, O Theotokos, and make me worthy of the life on high after my end.

Ode VIII. The King of Heaven.

O Holy Saint of God, intercede for us all.

Gladden, O Father, through your joyous protection, those who are groaning with sorrows and needs, and deliver them from every bitterness, O Ephraim.

O Holy Saint of God, intercede for us all.

Rain down with your divine intercessions, O godly-minded one, on those who are aflame with pains in soul, and quench all of their burning, granting them divine rest.

Glory to the Father and to the Son and to the Holy Spirit.

As you joined the pastures of the Saints, O Father, entreat together with them, O God-bearer, on behalf of those who honor your divine Relics.

Both now and forever and unto the ages of ages. Amen.

Save me, O Lady, from the schemes of the enemy, and cleanse my nous that has been darkened by sinful thoughts and deeds.

Ode IX. Saved through you, O Theotokos.

Heal, O all-blessed one, every weakness of those who hasten to your divine Relics, O Venerable Martyr of the Lord and blessed Ephraim.

Ceaselessly protect your holy Monastery through your wondrous intercessions, O Saint, keeping it from the assaults of Belial and every trial.

The new one among the Saints, who has appeared lately, O wonderworker Ephraim worthy of praise, deliver me from the mania of him who wars against us.

Show my nous, O Theotokos, to overcome base thoughts of the enemy, and fill my heart with divine radiance.

Rejoice, you who formerly struggled with steadfastness, and lately were made known to the Church of Christ through the revealing of your divine Relics, O Hieromartyr Ephraim worthy to be praised.

You appeared, relating your calling and your sacred end, O Father. Therefore, those who venerate your sacred Relics, O Venerable Martyr Ephraim, receive grace.

Though you lain unknown for many years, through the revealing of your sacred Relics, you have shown the world the richness of your grace, and the energy of wonders, O blessed Ephraim.

Rejoice, communicant with the Venerable Saints, rejoice, you who were zealous for the virtues of the Martyrs, rejoice, you who lived on Mount Amomon, O Great Martyr Ephraim, and were granted dual rewards.

You pour forth grace in divine streams for those sick, healing them through your Relic. Therefore, for those who hasten to your Monastery, grant the fruit of health of soul and body.

As one having boldness before Christ, O God-bearer Ephraim, ceaselessly entreat on behalf of your Monastery in which you lie, and grant your help to all those who ask of you.

Trisagion

Holy God, Holy Mighty, Holy Immortal, have mercy upon us (x3).

Glory to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen.

Most holy Trinity, have mercy upon us; Lord, pardon our sins; Master, forgive our transgressions; Holy One, visit and heal our infirmities, for Your name's sake.

Lord have mercy (x3).

Glory to the Father, and the Son and the Holy Spirit, now and forever and to the ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen

'Through the prayers of our Holy Fathers Lord Jesus Christ our God, have mercy on us and save us. Amen.'